

2008-09

STUDENT-ATHLETE

HANDBOOK



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LETTER FROM THE DIRECTOR

Dear Student-Athlete,

On behalf of the Rowan Athletics administrative staff, coaches and secretaries, I would like to welcome you to Rowan University and our outstanding athletic program.

We have a rich tradition of winning and are glad that you chose to be a part of this program. In order to assist you in understanding your role as a student-athlete, we have prepared this booklet as a reference. We have put the appropriate pieces in place to enable you to experience a competitive and challenging year. We are here to assist you but we cannot help if you do not ask. It is important that we communicate with one another. This handbook is one of our ways to communicate valuable information to you. There are many rules and regulations enforced by the NCAA and the New Jersey Athletic Conference (NJAC). Please read through this carefully. If you have any questions, ask your coach or one of the administrators for clarification.

As a student-athlete you are responsible for your performance in the classroom as well as in the playing arena. We are proud of the academic success of our athletes and encourage you to take full advantage of the support services available to all Rowan University students.

Sincerely,

Joy L. Solomen

Director of Athletics

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ATHLETICS PHILOSOPHY STATEMENT

The Athletic Department at Rowan University works in conjunction with Rowan University's Mission Statement.

A leading public institution, Rowan University combines liberal education with professional preparation from the baccalaureate through the doctorate. Rowan provides a collaborative, learning-centered environment in which highly qualified and diverse faculty, staff, and students integrate teaching, research, scholarship, creative activity and community service. Through intellectual, social and cultural contributions, the University enriches the lives of those in the campus community and surrounding region.

The university addresses the needs of all students through imaginative and flexible programs and a wide variety of courses, services and activities. Included among these activities is a diverse program of recreation, intramurals and intercollegiate athletics for men and women.

Rowan University is a Division III member of the NCAA. We embrace the philosophy of Division III athletics and the principles, which protect the student athlete. Student athletes should be amateurs motivated primarily by education and the physical, mental and social benefits to be derived from participation in intercollegiate athletics. All student athletes are expected to follow all university policies, the regulations of the NCAA and the New Jersey Athletic Conference. They are expected to conduct themselves with honesty and good sportsmanship and reflect the high standards of honor and dignity, which characterizes participation in competitive sports at the college level. Student athletes should be protected from exploitation by professional and commercial enterprises.

Intercollegiate athletics programs at Rowan University shall be conducted in a manner designed to protect and enhance the physical and educational welfare of all student athletes. The playing fields and courts will be well maintained for the safety of all participants, will be aesthetically pleasing and will allow for the best performances of athletes. All student athletes at Rowan University will have a comprehensive physical examination and a health history on file in the Student Health Center before athletic practice or competition commences.

Student athletes at Rowan University will be an integral part of the student body and the intercollegiate athletics program will be maintained as a vital component of the education program. The admission, academic standing and academic progress of the student athletes shall be consistent with the policies and standards adopted by the institution for the student body in general.

Rowan University wholeheartedly adheres to the NCAA Division III Philosophy Statement prepared for the administration and supervision of an intercollegiate athletics program for men and women.

MISSION STATEMENT

The Intercollegiate Athletic Department strives to be one of the finest Division III programs in the country. By providing strong leadership and competitive experiences, students are afforded the opportunity to develop as a scholar, athlete and citizen. Through strong support services, students are challenged to succeed, inspired to achieve and instilled with a sense of pride and tradition in the college community.

The Rowan ambition is knowledge through study, responsibility through service and character through challenge. The experiences of being a student athlete at Rowan University afford students the opportunity to "live" the Rowan ambition. Our program incorporates academic excellence, national level competition and service to the community to provide an exceptional environment for achievement and fulfillment in a dynamic society.

The service offered by the Intercollegiate Athletic Department to the campus environment directly relates to the recruitment, retention and graduation of students. In the area of recruitment, athletics actively recruits year round and entertains more potential students than any other department on campus. Retention and graduation are top priorities for our department. The graduation rate of student athletes is well above the national norm and the norm at Rowan University for all students. As one of the most outstanding programs in the country at the Division III level, the retention and success of our student athletes is apparent.

CODE OF CONDUCT

Founded in 1923, Rowan University has been represented by Student Athletes who have conducted themselves in a manner in which the university has taken great pride. You as a current student athlete are expected to enhance the image of Rowan University and its athletic program by conducting yourself in a manner, which conforms to this rich tradition.

Team membership and participation are privileges that have certain responsibilities. It is imperative that student athletes recognize the significance of their behavior as visible members of the campus and local communities. In addition you represent Rowan University, the intercollegiate athletic program and your team at all times. You shall conduct yourself in a courteous, conscientious manner that reflects positively upon all that you represent. Your conduct shall be in accordance with the general university policies as stated in the Rowan University student handbook. Any violation of these policies may result in further sanctions as they relate to athletic participation. Any student athlete charged with a felony crime could be subject to suspension from athletic participation until the charges are resolved.

Rowan University athletic programs are operated in a manner consistent with the principles, objectives, rules and regulations of national governing bodies and each and every conference with which the university is affiliated. In addition, you are subject to all rules and regulations that are required for individual participation on your specific team.

Your behavior must be representative of the high moral and ethical standards of the University and the Athletic Department. Wear the Brown and Gold uniforms of Rowan University with pride. It took commitment on our part to make the opportunity available. Know and respect what it represents.

NJAC CODE OF CONDUCT

Coaches, administrators, support staff and student athletes of member institutions are expected to observe the tenets of good sportsmanship in conference related activities: honesty, fairness, civility and respect. All members of the athletic department's staff and students must sign the New Jersey Athletic Conference Code of Conduct as it relates to completion and recruitment. The following statement will be read at home events:

The NCAA, the New Jersey Athletic Conference and Rowan University promote good sports conduct by student athletes, coaches, staff and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racist, sexist or homophobic comments or other intimidating actions directed at officials, student athletes, coaches, team representatives or spectators will not be tolerated and are grounds for removal from the site of competition.

IMPORTANT NCAA RULES INFORMATION

The following information is to keep you abreast of new rules and/or changes in the current rules. Should you have a question, feel free to contact your coach or the Assistant Athletic Director for Compliance for clarification. In addition, you can go online at ncaa.org for further information.

ELIGIBILITY

A season of intercollegiate participation shall be counted when a student-athlete participates (practices or competes) during or after the first contest following the student-athlete's initial participation at that institution. A season of participation shall not be counted when a student-athlete participates in a preseason scrimmage or preseason exhibition. This provision is applicable to intercollegiate athletics competition conducted by a Division III collegiate institution at the varsity, junior varsity or freshman team level.

This means that anyone who practices with the team, after the first official contest, uses a season of eligibility, whether you played in a contest or not. The term "red shirt" is no longer is permissible.

SELF RELEASE

This rule provides the student-athlete with flexibility and freedom to pursue options related to transfer and subsequent enrollment at a new institution. The Self Release form can be found on the Student Athlete Home page and the Compliance Form section of the NCAA Website. The NCAA Division III Summary of Regulations has been updated to inform student-athletes of the opportunity to issue a self-release to contact other Division III institutions. The procedures must be strictly adhered to when issuing a self-release form.

ELIGIBILITY REQUIREMENTS

The student athlete must be a full time (minimum of 12 credits), matriculated student. He/she is eligible for four (4) seasons of competition, which must be completed in 10 full time semesters (Bylaw 14.2). No one may participate without completing NCAA, NJAC, Rowan University Athletic Department paperwork and a health screening.

All student athletes are expected to make normal progress: Normal progress is defined as:

1. Complete **24** credits hours during the academic year (this includes the summer following the regular academic year).
2. Adhere to Rowan University GPA requirements
 - a. After attempting 15 credit hours, the overall GPA must be at least a **2.0**
*Attempted credit hours are those you are enrolled in the day after the add/drop period and include those credits transferred to the University.

NJAC allows a **one-time** waiver for academic reasons. The Athletic Director determines if a waiver is to be granted. *This is a special privilege and not a right.* If granted, the waiver must be signed by the first scheduled contest in your sport. If you are waiting for a grade from a summer class, make certain that the grade is in before your first scheduled contest. NJAC academic waivers must be completed by the first contest.

Transfer students

Transfer students are immediately eligible provided they were academically and athletically eligible at their previous institution. Transfer students should meet with the compliance officer should they have any questions regarding their eligibility. (14.5)

NJAC Transfer students

The NCAA rules governing transfers apply (14.5.5) except that in order to be eligible when transferring from one conference school to another, in addition to having had prior permission to contact the individual (Bylaw 13.1.1.2), the athlete must also have written permission from the previous institution. After one year of residency, the transfer student would abide by the same eligibility requirements as a continuing student athlete.

Junior College Transfers

The NCAA rules governing junior college transfers apply. (14.5.4)

Note: A student athlete's academic waiver may not be transferred and used to satisfy the eligibility requirements at another institution.

Note: Student athletes may not practice or compete until all Rowan University, NCAA, NJAC and medical paperwork is completed.

Summary of NCAA Regulations – Division III

This summary of NCAA regulations contains information about your eligibility to compete in intercollegiate athletics. Carefully read the sections that apply to you, and then sign the Student-Athlete Statement (Form 05-3c).

This summary has two parts:

Part I is for **all** student-athletes.

Part II is for **new** student-athletes only (those signing the Student-Athlete Statement for the first time).

If you have questions, ask your director of athletics (or his or her official designee) or refer to the 2008-09 NCAA Division III Manual. The references in brackets after each summarized regulations show you where to find the regulation in the Division III Manual.

Part I: For All Student-Athletes

This part of the summary discusses ethical conduct, amateurism, financial aid, academic standards and other regulations concerning your eligibility for intercollegiate competition.

Ethical conduct – All sports:

You must act with honesty and sportsmanship at all times so that you represent the honor and dignity of fair play and the generally recognized high standards associated with wholesome competitive sports. [NCAA Bylaw 10.01.1]

You are **not eligible** to compete if you knowingly provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition, solicit a bet on any intercollegiate team, accept a bet on any team representing the institution or solicit or accept a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has tangible value. [Bylaw 10.3]

You are **not eligible** to compete if you knowingly participate in any gambling activity that involves intercollegiate or professional athletics, through a bookmaker, a parlay card or any other method employed by organized gambling. [Bylaw 10.3]

You are **not eligible** to compete if you have shown dishonesty in evading or violating NCAA regulations. [Bylaw 14.01.3.3]

Amateurism – All sports:

You are **not eligible** for participation in a sport if after full-time collegiate enrollment you have ever:

- Taken pay, or the promise of pay, for competing in that sport;
- Agreed (orally or in writing) to compete in professional athletics in that sport;
- Played on any professional athletics team as defined by the NCAA in that sport; or

- Used your athletics skill for pay in any form in that sport. (Prior to collegiate enrollment an individual may accept prize money based only on his or her place finish or performance from the sponsor of an open athletics event, the United States Olympic Committee or the appropriate national governing body and actual and necessary expenses associated with the individual's practice and competition on a professional team). [Bylaw 12.1.1]

You are **not eligible** in a sport if you ever have accepted money, transportation or other benefits from an agent or agreed to have an agent market your athletics ability or reputation in that sport. [Bylaw 12.3.1]

You are **not eligible** in any sport if, after you become a student-athlete, you accept any pay for promoting a commercial product or service or allow your name or picture to be used for promoting a commercial product or service, unless:

- The individual became involved in such activities for reasons independent of athletics ability;
- No reference is made in these activities to the individual's involvement in intercollegiate athletics, and;
- The individual's remuneration under such circumstances is at a rate commensurate with the individual's skill and experience as a model or performer and is not based in any way upon the individual's athletics ability or reputation. [Bylaws 12.5.1.3]

You are **not eligible** in any sport if, because of your athletics ability, you were paid for work you did not perform, were paid at a rate higher than the going rate or were paid for the value an employer placed on your reputation, fame or personal following. [Bylaw 12.4.1]

Seasons of Participation – All sports:

A student-athlete must count a season of participation when he/she practices or competes during or after the first contest following the student-athlete's initial participation at that institution. [Bylaw 14.2.4.1]

A season of participation shall not be counted when a student-athlete participates in a preseason scrimmage or preseason exhibition. [Bylaw 14.2.4.1]

The following rules are applicable to all Division III student-athletes first entering a collegiate institution on or after August 1, 2002:

If you did not enroll in college as a full-time student at your first opportunity following the graduation of your high-school class or if you discontinued full-time high-school enrollment and you participated in any of the activities listed below, you have used a season of intercollegiate competition for each calendar year or sport season in which you participated in such activities. [Bylaw 14.2.4.3]

Activities Constituting Use of a Season:

- a. Any team competition or training in which pay in any form is provided to any of the participants above actual and necessary expenses;
- b. Any individual competition or training in which the individual accepts pay in any form based on his or her place finish or any competition or training in which the individual accepts pay in any form above actual and necessary expenses;
- c. Any competition pursuant to the signing of a contract for athletics participation or entering a professional draft; or
- d. Any competition funded by a representative of an institution's athletics interest that is not open to all participants. [Bylaw 14.2.4.3.2]

Competition Exceptions:

If you participated in organized competition while enrolled in a post-graduate college preparatory school during the initial year of enrollment, you did not use a season of competition. In addition, a maximum one-time one-year exception is applicable for participation in the

Olympic Games tryouts and competition, and other specified national and international competition. [Bylaw 14.2.4.3.2.1]

If you have used a season(s) of competition according to the regulations above, you must fulfill an academic year in residence prior to being eligible to represent your institution in intercollegiate competition. [Bylaw 14.2.4.3.1]

Financial aid - All sports:

You are **not eligible** if you receive financial aid other than the financial aid that your institution distributes. However, it is permissible to receive:

- Money from anyone upon whom you are naturally or legally dependent;
- Financial aid that has been awarded to you on a basis other than athletics ability; or
- Financial aid from an entity outside your institution that meets the requirements specified in the Division III Manual.

You must report to your institution any financial aid that you receive from a source other than your institution. However, you do not need to report financial aid received from anyone upon whom you are naturally or legally dependent. [Bylaw 15.2.3]

Academic standards – All sports:

Eligibility for competition

To be **eligible to compete**, you must:

- Have been admitted as a regularly enrolled, degree seeking student according to the published entrance requirements of your institution;
- Be in good academic standing according to the standards of your institution; and
- Be enrolled in at least a minimum full-time baccalaureate degree program (not less than 12 semester or quarter hours) and maintain satisfactory progress toward that degree, be enrolled in a full-time graduate or professional degree program (not less than eight semester or quarter hours) or be enrolled and seeking a second baccalaureate degree at your institution. [Bylaws 14.01.2, 14.1.8.2 and 14.1.8.2.1.4]

If you are enrolled in less than a full-time program, you are **eligible to compete** only if you are enrolled in the last term of your **baccalaureate or graduate** degree program and are carrying credits necessary to finish your degree. [Bylaw 14.1.8.2.1.3]

You are **eligible to compete** during the official vacation period immediately before initial enrollment, provided you have been accepted by your institution for enrollment in a regular, full-time program of studies at the time of your initial participation, you are no longer enrolled in your previous educational institution and you are eligible under all institutional and NCAA requirements. [Bylaw 14.1.8.2.1.1]

You are **eligible to compete** between terms if you are continuing enrollment, provided you have been registered for the required minimum full-time load at the conclusion of the term immediately preceding the date of competition, or if you are either continuing enrollment or beginning enrollment, provided you have been accepted for enrollment as a regular full-time student for the regular term immediately following the date of competition. [Bylaw 14.1.8.2.1.2]

ELIGIBILITY FOR PRACTICE

You are **eligible to practice** if you are enrolled in a minimum full-time program of studies leading to a baccalaureate or equivalent degree as defined by the regulations of the certifying institution. [Bylaw 14.1.8.1]

You are **eligible to practice** during the official vacation period immediately preceding initial enrollment, provided you have been accepted by your institution for enrollment in a regular, full-time program of studies at the time of your initial participation, you no longer are enrolled in your previous educational institution, and you are eligible under all institutional and NCAA requirements. [Bylaw 14.1.8.1.1]

You also are **eligible to practice** if you are enrolled in the final semester or quarter of a baccalaureate program while enrolled in less than a minimum full-time program of studies, and your institution certifies that you are carrying (for credit) the courses necessary to complete the degree requirements, as determined by the faculty of the institution. [Bylaw 14.1.8.1.3]

Other regulations concerning eligibility – All sports:

You are **not eligible** to participate in more than four seasons of intercollegiate competition. [Bylaw 14.2]

You are **not eligible** after the first 10 semesters or 15 quarters in which you were enrolled at a collegiate institution in at least a minimum full-time program of studies as determined by the college, except for extensions that have been approved in accordance with NCAA legislation. [Bylaws 14.2.2 and 30.6.1]

You are **eligible** if you are seeking a second baccalaureate or equivalent degree or you are enrolled in a graduate or professional school provided you received your undergraduate degree from the same institution, you have seasons of participation remaining and your participation occurs within the applicable 10 semesters or 15 quarters. You are also **eligible** for championships that occur within 60 days of the date you complete the requirements for your degree. [Bylaws 14.1.9 and 14.1.9.2]

You are **not eligible** in your sport for the rest of your season if, after enrollment in college and during any year in which you were a member of an intercollegiate team, you competed as a member of any outside team in any noncollegiate, amateur competition in the sport during the playing season. Competing in the Olympic Games tryouts and competition and other specified national and international competition is permitted. [Bylaws 14.7.1 and 14.7.3.1]

All-star football and basketball only:

You are **not eligible** if, after you completed your high-school eligibility in your sport and before your high-school graduation, you participated in more than two high-school all-star football or basketball games. [Bylaw 14.6]

There are no restrictions on the participation of Division III student-athletes in outside basketball competition during the summer. [Bylaw 14.7.2.7-(a)]

Transfer students only:

You are a transfer student if:

- The registrar or admissions officer from your former institution certified that you officially were registered and enrolled at that institution in any term in a minimum full-time load and you were present on the opening day of classes; or
- The director of athletics from your former institution certified that you reported for the regular squad practice that any staff member of the athletics department of your former institution announced before the beginning of any term. [Bylaw 14.5.2]

If you are a transfer student from a four-year institution, you are **not eligible** during your first academic year in residence unless you meet the provisions of one of the exceptions specified in Bylaw 14.5.5.1.1, 14.5.5.1.2 or 14.5.5.1.3 or one of the waivers specified in Bylaw 14.8.1.2.

If you are a transfer student from a two-year institution, you are **not eligible** during your first academic year in residence at your new institution unless you meet the academic and residence requirements specified in Bylaw 14.5.4.1 or the exception specified in Bylaw 14.5.4.1.2.

If you wish to correspond with another NCAA institution about your opportunity to transfer, the institution must have permission to contact you before any correspondence may occur. To contact a Division III institution, you may seek permission from your athletics director, or you are permitted to grant other Division III institutions permission to contact you. To grant an institution permission to contact you about a potential transfer (or for you to be able to contact the institution), complete the Permission to Contact-Self Release form that is provided by the NCAA national office. The form and instructions is available on the student-athlete home page of the NCAA Web site at ncaa.org.

To contact Division I or Division II institutions, you must seek permission from your athletics director.

Drugs – All sports:

If the NCAA tests you for the banned drugs listed in Bylaw 31.2.3.1 and you test positive (consistent with NCAA drug-testing protocol), you will be **ineligible** to participate in regular-season and postseason competition for one calendar year (i.e., 365 days) after your positive drug test and you will be charged with the loss of a minimum of one season of competition in all sports.

If you test positive a second time for the use of any drug, other than a “street drug” as defined in Bylaw 31.2.3.1, it will result in the loss of lifetime eligibility, while a combination of two positive tests involving street drugs (e.g. marijuana, heroin) in whatever order, will result in the loss of an additional year of eligibility. [Bylaw 18.4.1.5]

If you test positive for the use of a “street drug” after being restored to eligibility, you shall be charged with the loss of one additional season of competition in all sports and also shall remain ineligible for regular-season and postseason competition at least through the next calendar year. [Bylaw 18.4.1.5.1]

A policy adopted by the NCAA Executive Committee establishes that the penalty for missing a scheduled drug test is the same as the penalty for testing positive for the use of a banned drug other than a street drug. You will remain ineligible until you retest negative and your eligibility has been restored by the NCAA Student-Athlete Reinstatement Committee. [Bylaw 18.4.1.5.1]

Non-NCAA athletics organization positive drug test - All sports:

If you test positive for banned substances by a non-NCAA athletics organization, you must notify your director of athletics regarding the positive drug test. You also must permit the NCAA to test you for the banned drugs listed in Bylaw 31.2.3.1.

If the result of the NCAA drug test is positive, you will lose all remaining eligibility during the season in which you tested positive and an additional season of competition.

The director of athletics must notify the vice president of NCAA education services in writing regarding a student-athlete's disclosure of a previous positive drug test administered by any other athletics organization.

If the student-athlete immediately transfers to a non-NCAA institution while ineligible and competes in collegiate competition within the 365-day period at a non-NCAA institution, the student-athlete will be ineligible for all NCAA regular-season and postseason competition until the student-athlete does not compete in collegiate competition for a 365-day period. Additionally, the student-athlete must retest negative (in accordance with the testing methods authorized by the Executive Committee) and request that eligibility be restored by the NCAA Student-Athlete Reinstatement Committee.

The list is subject to change and the institution and student-athlete shall be held accountable for all banned drug classes on the current list. The list is located on the NCAA Web site (www.ncaa.org) or may be obtained from the NCAA health and safety staff in Education Services.

This part of the summary contains information about your recruitment, which is governed by Bylaw 13 of the Division III Manual.

Recruitment

Offers – All sports:

You are **not eligible** if, before you enrolled at your institution, any staff member of your institution or any other representative of your institution's athletics interests offered to you, your relatives or your friends any financial aid or other benefits that NCAA legislation does not permit.

It is permissible for your summer employment to be arranged by the institution or for you to accept loans from a regular lending agency, provided you did not receive the job or loan before the end of your senior year in high school. [Bylaws 13.2.1, 13.2.4 and 13.2.5]

Contacts – All sports:

For purposes of this section, contact means "any face-to-face encounter between a prospect or the prospect's parents, relatives or legal guardian(s) and an institutional staff member or athletics representative during which any dialogue occurs in excess of an exchange of a greeting. Any such face-to-face encounter that is prearranged or that takes place on the grounds of the prospect's educational institution or at the site of organized competition or practice involving the prospect or the prospect's high-school, preparatory school, two-year college or all-star team shall be considered a contact, regardless of the conversation that occurs." [Bylaw 13.02.2]

You are **not eligible** if any staff member of your institution or any other representative of your institution's athletics interests contacted you, your relatives or your legal guardians in person off your institution's campus before you completed your junior year in high school (except for students at military academies). [Bylaw 13.1.1.1]

You are **not eligible** if, while you were being recruited, any staff member of your institution or any other representative of your institution's athletics interests, contacted you during the day or days of competition at the site of any athletics competition in which you were competing. It was permissible for such contact to occur (during the permissible period) after the competition if the appropriate high-school authority released you prior to the contact. [Bylaw 13.1.4.2]

Publicity – All sports:

You are **not eligible** if, before you enrolled at your institution, your institution publicized any visit that you made to its campus. [Bylaw 13.11.4]

You are **not eligible** if, before you enrolled at your institution, you appeared on a radio or television program that involved a coach or another member of the staff of the athletics department at your institution. [Bylaw 13.11.3]

Source of funds – All sports:

You are **not eligible** if any organization or group of people outside your institution spent money recruiting you to attend your institution, including entertaining, giving gifts or services and providing transportation to you or your relatives or friends. [Bylaw 13.15.4]

You are eligible for intercollegiate competition if prior to initial full-time collegiate enrollment, a prospective student-athlete may receive normal and reasonable living expenses from an individual with whom he or she has an established relationship (e.g., high-school coach, nonscholastic athletics team coach, family of a teammate), even if the relationship developed as a result of athletics participation, provided:

- The individual is not an agent;
- The individual is not an athletics representative of a particular institution involved in recruiting the prospect; and
- Such living expenses are consistent with the types of expenses provided by the individual as a part of normal living arrangements (e.g., housing, meals, occasional spending money, use of the family car). [Bylaw 12.1.1.1.6.1]

Tryouts – All sports:

You are **not eligible** if, after starting classes for the ninth grade, you displayed your abilities in any phase of any sport in a tryout conducted by or for your institution. [Bylaw 13.12.1.]

Member institutions are permitted to host intercollegiate athletics competitions in conjunction with high-school, preparatory school and two-year college contests. High schools, preparatory schools and two-year colleges must be located within a 50-mile radius of the member institution hosting the event, and all such competition must occur on the member institution's campus. Further, a collegiate athletics event may be conducted during a continuous session on the same day as the high school, preparatory school or two-year college contest under a single admission. [Bylaw 13.12.1.3]

Basketball only:

You are **not eligible** if a member of your institution's coaching staff participated in competition or in coaching activities involving a nonscholastic basketball team of which you were a member. [Bylaw 13.12.1.4]

Sports camps

You are **not eligible** if, before you enrolled at your institution, the institution, members of its staff or a representative of its athletics interests employed, or gave you free or reduced admission privileges to attend its camp or clinic after you had started classes for the ninth grade. [Bylaw 13.13.1.4]

Visits, transportation and entertainment – All sports:

You are **not eligible** under Bylaws 13.5, 13.6 or 13.7 if, before you enrolled at your institution, any of the following happened to you:

- Your institution paid for you to visit its campus more than once;
- Your one expense-paid visit to the campus lasted longer than 48 hours;
- Your institution paid more than the actual round-trip cost by direct route between your home and the campus when you made your one expense-paid visit;
- Your institution entertained you, your parents (or legal guardians) or your spouse outside a 30-mile radius of the campus during your expense paid visit; **or**
- Your institution entertained you, your parents (or legal guardians) or your spouse excessively during your expense paid visit or entertained your friends or other relatives at any site.

You are **not eligible** if your institution paid for you to visit its campus before the first day of classes of your senior year in high school. [Bylaw 13.7.1.1.1]

You are **not eligible** if, at any time that you were visiting your institution's campus at your own expense, your institution paid for anything more than the following: Three free passes for you and those individuals who came with you to an athletics event on campus in which your institution's team competed. [Bylaw 13.8.2.1]

- Transportation, when accompanied by a staff member, to see off-campus practice and competition sites and other institutional facilities located within a 30-mile radius of the campus. [Bylaw13.6.3]

A meal at the dining hall of your institution or a meal at an off-campus site if all institutional dining halls were closed and the institution normally provides similar meals to all visiting prospective students. [Bylaw 13.8.2.1.1]

Housing at your institution that is generally available to all visiting prospective students. [Bylaw 13.8.2.1.2]

You are **not eligible** if, when you were being recruited, staff members of your institution or any representatives of its athletics interests paid the transportation costs for your relatives or friends to visit the campus or elsewhere. [Bylaw 13.6.2.8]

You are **not eligible** if, when you were being recruited, your institution gave you complimentary admissions to more than one regular-season home game scheduled outside your institution's community or gave you more than three complimentary admissions to that one regular-season home game scheduled outside your institution's community. [Bylaw 13.8.2.2]

You are **not eligible** if, when you were being recruited, a staff member of your institution's athletics department spent money other than what was necessary for the staff member's (or representative's) personal expenses during an off-campus visit with you. [Bylaw 13.15.2]

You are **not eligible** if any person, at his or her own expense, paid for you to visit your institution once and did not accompany you on the visit or paid for you to visit more than once. [Bylaw 13.7.1.1]

Precollege or postgraduate expense – All sports:

You are **not eligible** if your institution, or any representative of its athletics interests, offered you money, directly or indirectly, to pay for any part of your educational expenses or other expenses during any period of time before you enrolled at your institution. This applies to your postgraduate education as well. [Bylaw 13.16.1]

ACADEMIC SUCCESS

Registration

In an effort to reduce missed classes and afford the student-athlete opportunity to complete their daily classes prior to the start of intercollegiate practices on a daily basis, underclassmen will be allowed to register early if their season is during the upcoming registration period. Students will be notified by their coach of the opportunity to register early. It is the responsibility of each student-athlete to register early as possible to avoid most conflicts. Registration bulletins are available online on at the Registrar's office. The bulletin will list all class offerings and provide specific information concerning the registration process.

It is highly recommended that student-athletes with declared majors meet with their advisors and non-declared student-athletes meet with an advisor from the CAP center well in advance of registration to carefully plan the upcoming semester. If you feel that you need additional help please make an appointment with Patty Raube in the Athletics Department.

Keep every paper and document that you receive from Rowan University

Maintain in a file or large envelope

Make sure you obtain a syllabus—it may be online, you must have it by add/drop period.

Get organized

Use a this planner — write everything down

Develop time management skills

Save all files on the "H" drive—by doing this you can access your documents from any computer on campus

Keep all papers, quizzes and tests

Record all telephone numbers

Get important information in writing (from instructors, advisors, registrar, etc...)

Put in envelope for back up

Know your advisor

It is up to you to contact your advisor

If you have declared a major, call or go to the department

If you are undeclared you are called a pre-major, go to the CAP center in Savitz or see Patty Raube the Assistant Athletic Director

Go to every class and be on time

Take good notes and use symbols and abbreviations when possible

Leave a wide margin and use test page numbers

Date your notes —remember you won't have this class every day

Call or email your instructor if you absolutely need to miss a class

Some departments have an attendance policy (syllabus)

Know where to get help

Tutoring Center Academic Advising Counseling Center

Take responsibility

- Develop critical thinking skills—you will be expected to draw conclusions, form opinions and evaluate ideas.
- Independent study—preparation time outside of class is 2-3 hours for every one hour of class time.
- Participate in class.
- Take the consequences for low grades—satisfactory progress is required—knows the academic dismissal/academic warning policy found in your student handbook.
- If you fail a class, take it over again the very next semester if possible. Every choice you make affects you.

Credits

If you take only 12 credits a semester you will not finish in 4 years

Study Hall

Attend required study hall sessions

HARDSHIP

A student-athlete may be granted an additional year of competition by the conference or the Committee on Student-Athlete reinstatement for reasons of "hardship". Hardship is defined as an incapacity resulting from an injury or illness that has occurred under all of the following conditions:

- The incapacitating injury or illness occurs in one of the four seasons of intercollegiate competition;
- The injury or illness occurs before the completion of the first half of the traditional playing season in that sport and results in incapacity to compete for the remainder of the traditional playing season; and
- The injury or illness occurs when the student-athlete has not participated in more than three contests or dates of competition or one-third of the institution's completed contests or dates of competition in his or her sport.

If you feel you qualify, please contact your coach, the Compliance Officer and the Athletic Trainer for further information.

MEDICAL INSURANCE INFORMATION FORM

1. The student-athlete must obtain and complete a medical insurance information form before he/she practices or competes for any team. This form can be obtained from the coach, the athletic trainer, or the Department of Athletics Office.

2. This form must be submitted to the head athletic trainer.

3. This form will either document the existing primary health coverage through either the parent's or student's insurance policy, or the fact that the student has no health insurance coverage.

4. If the student-athlete has no health insurance coverage, the form must be returned with the seal of a notary public attached.

ACADEMIC SUPPORT SYSTEMS

ADVISEMENT

You should make advising appointments early each semester to meet the pre-registration deadlines for the next semester. If you do not know who your advisor is, contact the department for your major or the Career and Academic Planning Center if you are a pre-major. (CAP center 256-4456) All registration cards must be signed by your advisor; this ensures that you are taking the correct courses for the degree you are seeking. The CAP Center provides intrusive developmental advising to all pre-major students; assists other students who want to change their major; and assists all students and alumni in making career and job search strategy decisions that are consistent with their values, skills, interests, and abilities.

ACADEMIC SUPPORT

Coaches will set up study halls when needed for those student-athletes with GPA's that could put them in jeopardy of becoming ineligible. In addition, some coaches will provide team study halls. Tutorial Services are available through the University Learning Center, located on the third floor of Savitz and is free of charge to all Rowan University students. Tutorial Services provides individual, small group, or drop-in tutoring in most subject areas. Students may request academic assistance on a one-time basis or may be scheduled for regular assistance on a weekly basis throughout the semester.

Supplemental Instruction accompanies several courses for which there is a traditionally high rate of tutor requests. These specialized group-tutoring sessions are led by trained tutors working closely with professors and attending regular class sessions of the selected course. Tutors reinforce specific course material emphasized by the professors plus use their own successful student experiences to integrate what-to-learn with how-to-learn.

Students wanting to take advantage of this academic support service should come to the Tutoring Center in Savitz Hall to complete a tutor request card.

PROGRESS REPORTS

Throughout each semester, e-mails will be sent to your professors requesting information on your class attendance and academic progress. Failure to meet your academic responsibilities and/or attend class may result in suspension from team activities.

DEVELOPMENTAL ACADEMIC COURSES

All entering freshman at Rowan University are required to take the State's Basic Skills Test. Based on the results of this test, some students will be required to enroll in developmental courses in reading, writing and math. Students are given one (1) year to complete these courses or they will be suspended from the University. Students on suspension will be allowed to take only Basic Skills courses.

These developmental courses are not included in the G.P.A., but they may be used to satisfy the normal progress rule (24 credits passed per year) and the twelve (12) credits per semester rule.

REPEATING COURSES TO ENHANCE G.P.A.

Rowan University does not permit students to repeat courses in order to enhance the student's G.P.A. and/or have the opportunity to pass a failed course. Both courses will show on a transcript, but only the repeated course will reflect in the G.P.A. It is the student's responsibility to inform the Registrar's Office of a repeated course and request the G.P.A. adjustment. Be advised that some departments allow only one repeat to correct deficiencies.

CLASS ATTENDANCE & EXCUSE POLICY

CLASS EXCUSES FOR ATHLETIC CONTESTS

The Department of Athletics has made every effort to schedule athletic events with minimal disruption to the academic obligations of the student-athlete.

Prior to the start of each academic term, the student-athlete should discuss with each individual professor/instructor the specific team schedule, the possibility of missing classes and procedures for making up academic work due to participation in an athletic event.

The Department of Athletics has a Class Excuse Form, which must be signed by the Coach and Director of Athletics before it is given to a professor/instructor. This should be done well in advance of the class to be missed.

When an athletic contest is cancelled or postponed, the student-athlete is expected to return to scheduled classes. A cancelled contest does not mean a cancelled class.

CLASS ATTENDANCE POLICY

All student athletes are expected to attend classes, to complete all assignments, to take exams and to act appropriately in class. You may not miss class because of a scheduled practice time. You are required to inform your instructor with a Class Excuse Form, signed by the Head Coach and the Director of Athletics, if you will miss a class due to a game. This should be done well in advance of the class to be missed. Failure to attend class may adversely affect your learning and your grades. In addition, some classes have specific class attendance policies, which could result in a failing grade if violated. Make certain that you check your syllabus for the attendance policy.

When notified that a student athlete has any unexcused absences the student-athlete will be subject to the following contest suspensions.

Field Hockey, Football, Basketball	one contest
Lacrosse, Soccer, Swimming & Diving, Volleyball	one contest
Track & Cross Country	two contests
Baseball & Softball	three contests

Repeated absences may result in removal from the team. The student athlete and the coach will be notified when a student has excessive absences. The student may appeal the decision by meeting with the Athletic Director or athletic academic coordinator. The Athletic Director's decision is final.

SUBSTANCE ABUSE POLICY

- A. The Department of Athletics strongly supports Rowan University's stand on "substance abuse." Please refer to your Rowan University Student Handbook for details.
 1. Alcohol—Alcohol is strictly prohibited in all athletic facilities and at all athletic events.
 - a. It is a known fact that alcohol impairs physical and mental performance, therefore, the Department of Athletics recommends that alcohol consumption be avoided.
 - b. Consumption of alcoholic beverages by student-athletes is strictly prohibited while representing Rowan University at an athletic contest. This includes road trips during regular season as well as post-season contests.
 - c. Athletic Trainers, statisticians, managers and or any other student support personnel, traveling with a team, is strictly prohibited from consuming alcoholic beverages.
 - d. The above regulations pertain to all student-athletes and personnel regardless of age.
 2. Controlled and Dangerous Substances –
 - a. The use of any illicit drug, NCAA and/or Olympic committee banned substances, or other alleged ergogenic aids is not condoned nor will it be tolerated by the Department of Athletics. Any violation of these policies will result in disciplinary measures by the Department of Athletics, the Rowan University Dean of Students, and the local or state authorities. Student-athletes with known substance abuse problems will be referred for physical and/or psychological testing, evaluation, and counseling.
 3. Tobacco
 - a. The NCAA and NJAC both prohibit the use of tobacco related products at meetings, practices, and contests by players, coaches, trainers, managers and any other team related personnel. **Any individual found in violation will be suspended.**

Since Fall 2003 smoking is prohibited in all residential buildings. Also, in an effort to promote a positive and healthful physical environment for students, Rowan University has revised the smoking policy as noted: There will be no smoking within 50 feet of any residential building.

TRAVEL AND DRESS POLICIES

TRAVEL

Student-athletes participating in any away event must travel to and from the event in transportation provided by the Department of Athletics. An exception to this policy will be made only if a coach releases a student-athlete to the custody of his/her parent or guardian following the event.

In very exceptional situations, a student-athlete may request permission to travel to and from a contest in his/her own vehicle. This request must be done on a prepared form before the contest and approved by the coach and the Athletic Director.

DRESS

Rowan University athletes are very visible while traveling and attending events. You will be identified as a Rowan University student-athlete and as such are a representative of the University.

Athletes are expected to dress appropriately (no sneakers, T-shirts, jeans or sweatshirts). Examples of appropriate dress are: warm up suits, casual pants, sweaters, etc...or team clothing. Travel warm-up suits are not to be worn around campus. They are for team travel only.

While representing Rowan University at banquets and/or press conferences of NCAA Championships, the athletes are expected to dress accordingly; men – jackets and ties; women – skirts, pants or dresses. Individual coaches may also set additional guidelines for their student-athletes.

ROWAN UNIVERSITY ATHLETIC DEPARTMENT

HAZING POLICY STATEMENT

The term hazing shall mean any conduct or method of initiation into any organization, which willfully or recklessly endangers the physical or mental health of any student or any other person. Such conduct shall include any physical confrontation, forced consumption of any liquor, drug or other substance or any other brutal treatment and any degrading language.

The practice of hazing students in the process of initiation into organizations is forbidden by the University and is considered a criminal offense in New Jersey. Report any incident to a Coach, Athletic Director, or Dean of Students.

If hazing occurs consequences that the athletic department will invoke on the involved student-athletes and team can include: suspension from team, discontinuation of a team's season, community service and possible other sanctions as recommended by the University administration.

It is the responsibility of the athletic department member to be familiar with this policy at Rowan University. Members of the athletic department, including athletes, coaches and volunteer coaches, administrative and clerical staff, are prohibited from engaging or encouraging others to engage in activities that are defined as hazing. There are rookie activities that are not considered to be hazing. If you have any questions regarding an activity, please see the Athletic Director or designee. As per the **Rowan University Handbook**, "The practice of hazing students in the process of initiation into fraternities, sororities, or other student organizations is forbidden by the university and is considered a criminal offense in New Jersey."

The Athletic Department at Rowan University supports only those activities which are constructive, educational, and that contribute to the intellectual and personal development of students. Rowan University Athletics unequivocally opposes any situation created intentionally to produce mental or physical discomfort, embarrassment, harassment or ridicule.

Rowan University interprets hazing as any act whether physical, mental, emotional or psychological which subjects another person voluntarily or involuntarily to anything that may abuse, mistreat, degrade, humiliate, harass or intimidate him/her, or which may in any fashion compromise his/her inherent dignity as a person. In addition, any requirements by a team member which compels another team member to participate in any activity which is against college policy or state/federal law will be defined as hazing.

Actions and activities which are prohibited include, but are not limited to, the following:

Any type of initiation or other activity where there is an expectation of individuals joining a particular team to participate in behavior designed to humiliate, degrade or abuse them regardless of the persons willingness to participate;

Forcing, requiring or pressuring an individual to consume alcohol or any other substance;

Forcing, requiring or pressuring an individual to shave any part of their body, including the hair on their head;

Any requirement or pressure put on an individual to participate in any activity which is illegal, perverse, publicly indecent, contrary to his/her genuine morals and/or beliefs (i.e., public profanity, lewd conduct, sexual gestures, public nudity or engaging in public stunts and/or buffoonery.);

Any activity or action that creates an risk to the health, safety or property of the College or any member of its community;

Physical abuse of any type to include paddling, beating or hitting of a team member; to also include forced or required calisthenics such as push-ups, sit-ups, etc.;

Forcing, encouraging or pressuring someone to wear in public apparel which is conspicuous and not within the norm of what is considered good tastes;

Morally degrading/humiliating games or other activity that makes a member the object of amusement, ridicule or intimidation.

The policy and regulations of the Rowan University Athletics Department pertaining to hazing.

I agree and promise not to participate in any activity deemed to be hazing. I have read the examples of hazing as described in the Rowan University Hazing Policy (above).

I understand that if I am in violation of this policy, I will be subject to discipline that may include, but is not limited to, departmental or College probation, suspension from the team and/or the College; expulsion from the team may be subject to group discipline that can include, but is not limited to, team probation, cancellation of individual contests/games, and/or cancellation of the entire season. The fulfillment of community service may also be required.

SOCIAL NETWORKING POLICY

You should be aware of the information that you post on any social networking site.. Personal information, images of or implying the use of alcohol or drugs and/or hazing can be used as proof of student conduct code and athletic policy violation. Disciplinary action and suspension will result if any individual posts pictures or comments referring to or depicting Rowan University Athletics in a negative manner.

ATHLETIC TRAINING FACILITIES AND POLICIES

The Rowan University Athletic training facilities are available to all student-athletes regardless of team, gender, or level of participation.

The John Green Team House Facility located between the tennis courts and the football stadium, is primarily used by the football, field hockey and cross-country teams in the fall and by all spring sports teams.

The Esbjornson Gymnasium Facility located on the lower level is primarily used by the men and women's basketball, swim teams and the volleyball team. A rainy day schedule will be provided for all other teams who need to use the gym during inclement weather.

Use of either facility is subject to the following policy guidelines:

1. Student-athletes must have completed all NCAA, NJAC and Rowan University paperwork prior to participation.
2. Student-athletes must meet all academic, athletic, and medical requirements, before any participation is permitted.
3. Student-athletes must report all injuries or illnesses as soon as possible to both the team's assigned athletic training student and to the Staff Athletic Trainers.
4. Athletic training facilities are open daily from 2:00 PM to 6:30 PM. Morning hours are available on a "needs" only basis.
5. Initial evaluation and rehabilitation are to be done between 2:00 PM to 3:00 PM and 4:00 PM to 5:30 PM unless other arrangements are made. The 3:00 to 4:00 PM period is reserved only for pre-practice preparation. Emergency treatment will be handled during all hours of operation. Emergencies occurring during times the training rooms are closed will be handled by the Student Health Center in Linden Hall.
6. Student-athletes are served on a "first come," "first serve" basis. Allow adequate time (usually 30 - 45 minutes) for any pre-practice treatment.

Note: Pre-practice treatments will not be an excuse for lateness to practice.

7. Student-athletes must sign into the athletic training facilities recording the sport, time and treatment on the "Treatment Log."
8. Student-athletes must have a completed injury assessment form to be eligible for treatment.
9. Student-athletes are responsible for signing in on the treatment log and following the designated treatment protocol.
10. Student-athletes are responsible for wearing appropriate dress to the athletic training facilities (shirts, shorts, and shoes).
11. Cleated shoes are not permitted in training rooms.
12. Appropriate language is expected at all times.
13. Student-athletes are expected to follow treatment protocol as indicated as well as keeping treatment appointments and times.
14. The Staff Athletic Trainers and/or Team Physician will determine the return to competition.
15. All athletic training equipment (braces, supports, crutches, tens units, etc.) must be signed out and returned after use. Student-athletes who do not return these items will be denied college services (grades, registration, financial aid, etc.).
16. Student-athletes are expected to provide their own transportation to non-emergency medical appointments.
17. Violations of the above policies may result in the suspension of treatment privileges and/or disciplinary action by the coach or Athletic Director.

MEDICAL REQUIREMENTS

1. The student-athlete must have all the Pre-admission health forms completed and returned to the Student Health Center Prior to the Pre-participation Athletic Exam Clearance. No student may practice or compete in any intercollegiate sport until a Clearance is given. A late fee will be assessed if the student-athlete does not complete their physical by the required time given.
2. Below is a list of required Pre-admission health forms to complete (Sent with admission packet and available on-line www.rowan.edu/health):
 - Personal Health Information form including Consent for treatment
 - Personal Health History form
 - Physical Examination including Urinalysis, Hemoglobin and PPD (Mantoux-TB) test– done by student’s personal physician.
 - Immunization record
 - 2 MMR vaccine (Measles, mumps and rubella)
 - 3 Hepatitis B Vaccines
 - 1 Meningitis Vaccine (Menomune within 5 years or Menactra)
 - Tetanus/Diphtheria (TD) within 10 years
3. The student–athlete must have a physical examination by the college’s physician/Nurse Practitioner initially and biannually (every 2 years thereafter). Every other year, the student must have an update completed by the Registered Nurse (RN). Any history of significant injury or illness within the previous year, will require a physician/nurse practitioner evaluation prior to return to practice/competition. **This examination cannot take place until requirements #1 and #2 are fulfilled.**

Vaccine and Testing Available at the Student Health Center for a fee:

Measles, mumps and rubella (MMRII®)	\$75
Meningitis vaccine (Menactra®)	\$115
Tetanus/Diphtheria/Pertussis (TdaP®)	\$75
Hepatitis B vaccine (HBV)	\$75
Tuberculosis Mantoux test (PPD)	\$10 (Must return 2-3days for results)
Hematocrit/Hemoglobin	\$10
Urinalysis	\$5

4. Once the physicals and immunizations are completed and on file the certification will be given to the Athletic Director for approval. The student-athlete may not practice or compete unless **all** the above requirements are met. Any student-athlete who practices or competes without approval by the Athletic Director will be declared ineligible for the remainder of that season. There will be no exception to this policy.

ATHLETIC WEIGHT ROOM POLICY

1. Workout attire must be worn at all times. Attire includes sweats or sport shorts, and a non-mesh full T-shirt or tank top. Closed toe athletic shoes must be worn at all times. Boots, flip flops, and sandals are non-supportive shoes, and are not allowed.
2. Children under the age of 16 are not permitted to use any equipment in the weight room.
3. Coaches or specific work study students must monitor the weight room at all times.
4. Student-Athletes must present a valid Rowan Student ID prior to entering the weight room. Persons not affiliated with Rowan University Athletics will not be permitted to use the facility without permission. All Rowan coaches are permitted to use the facility.
5. Student-Athletes are not permitted to workout during time reserved for athletes of another sport.
6. Slamming or dropping the weights is strictly prohibited. Plates, dumbbells, and bars are not to be leaned or placed on upholstery or against any wall.

7. For the safety of all users, weights and dumbbells must be returned to their proper storage rack when last set is complete.
8. Use of a spotter is required for safety purposes especially on bench press, squat, and power cleans. See your coach for correct spotting technique. Collars must be used on all Olympic weight bars.
9. Respect one another. No profanity.... period.
10. The equipment is not to be moved from its location. Free weights are not permitted in the gym, outside, or any other area.
11. Remember to shut off all lights, turn off radios, and check for cleanliness of the facility when leaving as a courtesy to other users. As a sign of appreciation, student-athletes may be asked to spray down benches, sweep, and mop the floor when needed.
12. Failure to adhere to the rules and regulations in the Esby weight room may result in individual suspension or closing of the facility.

ATHLETIC EQUIPMENT POLICIES AND PROCEDURES

Every attempt has been made by the Athletic Department to provide our athletes with first-class equipment and uniforms. We ask that you take genuine pride in appearance and grooming while representing Rowan University.

Athletes are also asked to respect the facilities and refrain from vandalism such as graffiti and inappropriate disposal of trash, gum or tape. Destruction of property and facilities will not be tolerated! Any violations will result in disciplinary actions determined by the Head Coach and the Athletic Director.

Prior to each season, the equipment manager will issue athletes necessary equipment. Uniforms and game equipment are not part of an athlete's personal wardrobe. **Under no circumstances should an athlete be wearing any Rowan athletic attire other than at practice or competition.** Game uniforms are the property of Rowan University and the state of New Jersey and are to be worn only for scheduled athletic contests.

Every athlete is responsible for the upkeep and care of all issued equipment and accessories. Any property damaged due to improper use will result in the student-athlete purchasing replacement equipment or attire. At the conclusion of the season, all athletes are required to return all university issued equipment to the equipment manager. Failure to do so will make the athlete financially responsible for all such equipment and subsequently he/she will be charged the replacement cost for all outstanding items.

The individual must pay for lost or damaged equipment, uniforms, etc., or a hold will be placed on the student's account. This hold will prevent athletes from registering for classes, obtaining grades, transcripts, diplomas, and awards.

ATHLETIC AWARD POLICY

At the end of each season, athletes will be recognized for the accomplishments on the field and in the classroom. All athletes who have participated for two (2) or more years will receive an award. In addition, All-American honorees and Academic All-American award winners will be honored at a banquet in May each year. The following special recognition awards will be presented at the same time:

Dr. D. Michael Briglia Scholar Athlete Award

Presented to a senior male student-athlete who demonstrates excellence in attitude and dedication to his sport. He must also embrace high moral and ethical standards and possess a grade point average of 3.0 or better.

Richard Wackar Athletic Award

Presented to a senior male student-athlete who demonstrates proof of outstanding athletic achievement, leadership, attitude and cooperation. The student must be in good academic standing.

The Dr. Shirley O'Day Award

Presented to a senior female student-athlete who demonstrates proof of outstanding athletic achievement, leadership, attitude and cooperation. The student must be in good academic standing.

The Dr. Mary A. Rice Award

Presented to a senior female student-athlete who demonstrates excellence in attitude and dedication to her sport. She must also embrace high moral and ethical standards and possess a grade point average of 3.0 or better.

The Athletic Director's Academic Team Award

Presented annually to the team with the highest grade point average.

The Athletic Director's Individual Academic Awards

Presented annually to the male and female student-athletes with the highest grade point averages. Student-athletes must have completed at least three (3) semesters at Rowan University.

The End of the Season Awards

Recognizes those students who have participated in intercollegiate athletics for two (2) or more years. Seniors will be awarded a watch.

National Championship Rings—Rings will be presented to any athlete who participates on a NCAA National Championship Team or to any athlete who wins an individual NCAA National Championship.

Note: No individual or team awards (jackets, trophies, plaques, shirts, etc.) may be purchased using the Rowan University Athletic Logo or name without permission from the Athletic Director.

COMPLIMENTARY TICKET POLICY

Student-athletes participating in sports that charge an admission fee will receive two (2) passes which will admit four people for each regularly scheduled home game. These tickets shall be distributed only to persons designated by the student-athlete.

At times we will receive some complimentary tickets from host colleges that we visit. Your coach will handle all complimentary tickets, home or away.

STUDENT ATHLETE EXIT INTERVIEWS

Student-athletes at Rowan University are asked to participate in an exit interview upon expiration of their eligibility. The purpose of this interview is to elicit responses from athletes about their experiences. Those responses help Rowan evaluate the programs in order to make changes that will improve the experience for Rowan's athletes of the future. Therefore, constructive criticism about the athlete's experience is encouraged.

During the student-athlete's last semester before graduation or their final semester of eligibility they will receive by mail both the exit interview questionnaire and the name and telephone number of the Athletic Director. The student-athlete is asked to complete and mail back the questionnaire. If you want to discuss anything with the Athletic Director, please schedule an appointment.

STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)

Mission Statement

The mission of the SAAC is that we are fully committed to the Student Athlete Advisory Committee (SAAC) and to all responsibilities that our position as representatives entails. We will voice concerns, address university issues, promote inter-team unity and support, foster community awareness of Rowan athletics and devise community service projects for all athletes. Together with the other SAAC representatives we will act in such a manner to respectfully maintain lines of communication between student-athletes and the athletic administration to advance the interests and pool the resources of all athletics programs at Rowan University.

Please go on the Rowan University Athletics website under student services to view the SAAC Constitution, bylaws, and membership. Service and social project information can also be found on the website.

Patty Raube Advisor
 Dr. Ed Streb Faculty Athletic Representative

2008-2009 SAAC MEMBERSHIP

Kiley Graham	Field Hockey	Tim Barnshaw	Baseball
Jenna Lombardo	Field Hockey	Dave Lenig	Baseball
Caitlin Florio	Women's Soccer	Jamie Parks	Softball
Krista Verzi	Women's Soccer	Jenna DiDonato	Softball
Danielle Rohe	Women's Basketball	Ali Briggs	W Track & Field
Kaitlin Guy	Women's Basketball	Danielle Warren	W Track & Field
Jessica Nimbley	Women's Basketball	Kyle Hayes	M Track & Field
Dan Cappelluti	Men's Basketball	Mike Rivera	M XC, Track & Field
Aaron Spellman	Men's Basketball	Randy Kohr	Men's Soccer
Rahim Shiver	Men's Basketball	Eric Campesi	Men's Soccer
Dana Baffuto	W XC, Track & Field	Ken Siano	Football
Laura O'Mara	W XC, Track & Field	Cody High	Football
Steven Tucker	Men's Swimming	Jimmy DiPaolo	Football
Kyle Mongelluzzo	Men's Swimming	Justin Hinds	Football
Chrissy McKay	Volleyball	Janina Wojcik	Women's Swimming
Theresa Pecararo	Volleyball	Megan Isaksen	Women's Swimming
Annette Merlino	Women's Lacrosse		
Brittany Petrella	Women's Lacrosse		

NEW JERSEY ATHLETIC CONFERENCE

www.njac.net

Membership:

All members of the Conference shall be four-year institutions of higher learning, which are fully accredited by the Middle States Association of Colleges and Secondary Schools, empowered to grant a baccalaureate degree, and a member in good standing in Division III of the NCAA.

THE NJAC was founded in 1985 when the New Jersey State Athletic Conference, a men's sport conference merged with their corresponding institutions in the Jersey Athletic Conference, a women's sport conference.

Purpose:

To legislate through by-laws, policies, procedures and ethical guidelines the administration of the intercollegiate athletics programs of conference members.

To promote intercollegiate athletics as an integral part of the total education program.

To protect the welfare of the student-athlete.

To foster and uphold the highest standards of athletic competition and academic integrity.

To support the principles and practices of Title IX and gender equity.

To encourage allied membership and appropriate state, regional and national organizations.

To cooperate with other amateur athletic organizations in promoting intercollegiate athletics.

NJAC OFFICE

Commissioner: Terry Small

528 Alcyon Blvd. Pittman, NJ 08071 Telephone: (856)-582-3679 Fax: (856)-582-5877

NATIONAL COLLEGIATE ATHLETICS ASSOCIATION

National Collegiate Athletics Association: (NCAA): Rowan University is a Division III member institution of the NCAA. Division III is comprised of institutions which do not offer athletic scholarships.

Purpose

- To initiate, stimulate, and improve intercollegiate athletic programs for student-athletes and promote and develop leadership, physical fitness, athletics excellence and athletic participation as a recreational pursuit.
- To uphold the principle of institutional control of and responsibility for all intercollegiate sports in conformity with the constitution and bylaws of the Association
- To encourage members to adopt eligibility rules to comply with satisfactory standards of scholarship, sportsmanship and amateurism
- To formulate, copyright and publish rules of play governing intercollegiate athletics
- To preserve intercollegiate athletic records
- To supervise the conduct of, and to establish eligibility standards for, regional and national athletics under the auspices of the Association
- To legislate through bylaws, or by resolutions of a convention, on any subject of general concern to the members related to the administration of intercollegiate athletics
- To study in general all phases of competitive intercollegiate athletics and establish standards whereby the college and universities can maintain their athletics programs on a high level.

NCAA NATIONAL OFFICE

www.ncaa.org

Mailing Address: NCAA
P.O. Box 6222 Indianapolis, IN 46206-6222
Phone: 317-917-6222 Fax: 317-917-6888